

# MEXICO CITY ORIGINS: ARCHEOLOGY, HISTORY & FOOD

CIDOC MX 23 TOUR OFFER  
September 30th or October 1st



## ABOUT THIS TOUR:

Walk through the historic center of Mexico City and return to its origins. Discover how it began as an island and developed before and after the Spanish Colonial conquest.

Unravel its essence by visiting archaeological windows and so, its architectural past, everyday life, and development between the 1300s and 1500s.

Finish the tour on a beautiful terrace enjoying some snacks, which you can accompany with different types of insects and a refreshing mezcal cocktail.

## COSTS:

**PRIVATE GROUP:** 382 USD / MXN 6,500 per tour  
From 2-5 people. For larger groups, an MXN 800 extra fee will be charged per person.

**SHARED GROUP:** 76 USD / MXN 1,300 per person  
From 2-25 people.

**DURATION:** 3 Hrs.

**SCHEDULE:** 10:30 - 13:30

**CHILDREN:** under 11 do not pay

**INCLUDES:** Snacks + mezcal cocktail

WALKING THROUGH HISTORY  
[booking@walkingthroughhistory.com](mailto:booking@walkingthroughhistory.com)  
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## What will be visited

Begin at a terrace with a coffee and a view of the main Mexica Temple (Aztec) with an explanation about this culture to understand their architecture and religion.



Continue the tour by visiting the archaeological site within the Centro Cultural España, where the Calmecac (Mexican nobility school) was established at the height of the Mexica empire. The building also hosts many colonial and 19th-century sculptures and objects with interesting stories.



Wander around the busy streets of Centro Histórico encountering diverse archaeological windows. Appreciate the remains of this ancient city lying under our feet and below the Spanish Colonial constructions.



Finish at another lovely terrace tasting some pre-Hispanic insect snacks (worms, ants, and ant larvae) and an award-winning Mezcal cocktail while learning about the Mexica diet and its properties.



# More info about this tour

**Duration:** 3 hours

**Meeting point:** El Mayor Restaurant

**Address:** República de Argentina 15, Centro Histórico, Cuauhtémoc, 06020 Ciudad de México, CDMX

\*Access the Porrúa Bookstore, then take the elevator to the 2nd floor. Exit the elevator, and your guide will be waiting there for you.

## Includes:

- A walking tour with an expert guide with a graduate academic degree (Art Historian, Historian, or Archeologist).
- In large groups, headsets will be provided to hear the tour guide.
- Snacks consist of three different sopes (thick corn tortillas) with three different types of insects: agave worms, Chicatana ants, and escamoles (ant larvae).
  - You can have them also without any insects.
  - Snacks are only considered for adults.
- A mezcal cocktail awarded for its flavor and cultural value.

## Not included:

- Extra hours
- Museum tickets.

## What to bring:

- Walking shoes.
- Comfortable clothes.
- If you bring a professional camera, keep it safe in a bag while walking.
- Raincoat or umbrella (from April to October).
- Sunblock.

## Children:

- When bringing children along, an adult must always accompany them.
- Children under 11 do not pay

## Contact us at:

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